

Olweus Bullying Prevention Program

DEFINITION OF BULLYING

Bullying is when someone **repeatedly and on purpose** says or does mean or hurtful things to another person who has a hard time defending himself or herself.

3 MAJOR COMPONENTS OF BULLYING

1. Bullying is an intentional, negative act
2. Bullying is usually repeated behavior
3. Bullying involves a power imbalance

ANTI-BULLYING RULES

1. We will not bully others.
2. We will help students who are bullied.
3. We will include students who are left out.
4. We will tell an adult at home and an adult at school if we know that somebody is being bullied.



RIDER STRONG